DIRTY KITTEN GRAVEL GRINDER INFORMATION

- **1. MASK UP**: All participants, staff, and volunteers are <u>required</u> to properly wear face coverings (over both nose and mouth) while in the registration and start/finish areas. Face coverings are optional while riding on course.
- **2. SOCIAL DISTANCING**: Please maintain <u>at least</u> 6-feet of distance from others at all times (both on and off the bike). There is enough room on the course to safely pass others while maintaining adequate distance. Remember, this is NOT a race. The health and safety of everyone involved is our top priority.
- **3. WATER & FOOD**: There will be water on site provided by Wegmans (both bottled and in coolers) and minimal snacks/nutrition (packaged and individually-wrapped) provided by Hammer Nutrition. However, we ask that participants bring their own water/drinks, food, and supplies to minimize contact and unnecessary waste (*Note* In the past we have asked folks to bring their own containers so as not to create waste. We realize that these are different circumstances and will provide bottled water for those who want it).
- **4. PARKING & FACILITIES**: Follow signs and volunteers upon entering the property. Participants will be directed to park in designated spots adequately distanced from others. There will be separate "enter" and "exit" routes, but traffic will be 2-way on the main driveway. There will be port-a-johns, wash stations, hand sanitizer (provided by Old House Vineyards), and disinfectant wipes available.
- **5**. **REGISTRATION/CHECK-IN**: Pre-registration on BikeReg is <u>mandatory</u>. There will be NO day-of registration. Participants will be required to check-in upon arrival (within 30 minutes of designated start time) and check-out before leaving (within 30 minutes of finish) so we can keep track of who is on and off course. There will be signs and markers at the check-in area reminding folks to wear face coverings and maintain proper distancing. Please respect all guidelines and signage while on-site.
- **6. START/FINISH**: We ask that participants arrive within a 30-minute window, park, check-in, and make their way to the "staging" area 5-minutes prior to their designated start time (to be announced). Course information will be on our BikeReg page and website, emailed prior to the event, posted at check-in, and announced before each start. Participants will be staged individually or with other members of their family/team/group (if applicable) in 15 minute increments. Individual start times will be posted on our website and emailed next week.
- **7. AID STATION/EMERGENCY**: There will be 1 aid station along the course at approximately 14 miles at the top of the *Kitten Crush Climb*. Participants may opt to skip the climb but, in doing so, will miss the aid station. Water and minimal snacks/nutrition will be available. Please respect our volunteers and follow all guidelines while on course.

We will have a licensed nurse on-site in the event of an emergency. The closest hospital is located in Culpeper.

- **8. COURSE MAP & ROUTE**: The DKGG 2020 route is 19.6 miles with 1,100ft of elevation and 30 total turns. The *Kitten Crusher Climb* tops out at around 25% grade. The DKGG course map and GPS route are posted on our website (link below) and attached to this email. Please load the GPS file before arriving. There is limited cell and internet service on the property. The course will be marked with pink ribbons (right side), arrows, orange flags, and additional signs for turns, 2-way traffic, steep descents, and caution areas. Remember that this is a working farm (and not a race); there <u>may</u> be animals and farm vehicles on the property. A small section of the course runs along a "public" road (River Road). Riders are required to ride on the right and follow all rules of the road when on that section.
- **9. DONATIONS**: Donations will be split between 4 local nonprofit organizations: <u>Boys & Girls Club of Central Virginia</u>, <u>Northern Piedmont Community Foundation</u>, <u>SAFE (Services to Abused Families)</u>, and <u>Culpeper Food Closet</u>. If you wish to make a donation, visit the DKGG registration page, scroll down to the bottom, and click on the donation link.
- **10**. **HAVE FUN**!! We know these are strange and challenging times for everyone. Our goal with this event is to provide a fun, safe environment for folks to ride their bikes and enjoy the serene beauty of Locust Hill Farm and the surrounding area. Although there are a lot of rules and guidelines, we want participants to enjoy themselves. This is not a race so relax and enjoy the ride.

ADDRESS:

Locust Hill Farm & Preserve 8070 N James Madison Hwy, Rapidan, VA 22733

CONTACTS:

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LINKS:

Dirty Kitten Gravel Website

Dirty Kitten Gravel Grinder Information

Dirty Kitten Gravel Grinder Registration

Dirty Kitten Gravel Grinder RidewithGPS Route